

Healthy Living Through Environment, Policy, and Improved Clinical Care (EPICC) Program



Domain 2: Environmental Approaches that Promote Health

- Increase access to healthy foods and beverages
 - Farmer's markets, SNAP at farmer's markets
 - Community and school gardens
 - Healthy food retail
 - Restaurant strategies
- Food service guidelines/nutrition standards where foods and beverages are available
 - Schools, worksites, community venues, parks and recreation centers, institutions (hospitals, colleges and universities)
- Supportive nutrition environments in schools and child care facilities
 - Strong nutrition standards in wellness policies – competitive foods, fundraisers
 - Water access

- Physical activity access and outreach
 - Street and community design
 - Worksites
- Physical education and physical activity in schools and early care and education
- Breastfeeding friendly environments
 - Worksites
 - Birthing facilities

How to get involved



- Data collection
 - Assessing nutrition environments
 - Community, organization, or retail level
 - Surveys, focus groups
- Make the business case for policies, healthy environments
- Developing fact sheets, toolkits, web content

More information: choosehealth.utah.gov

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