Domain 2: Environmental Approaches that Promote Health

- Increase access to healthy foods and beverages
  - Farmer’s markets, SNAP at farmer’s markets
  - Community and school gardens
  - Healthy food retail
  - Restaurant strategies

- Food service guidelines/nutrition standards where foods and beverages are available
  - Schools, worksites, community venues, parks and recreation centers, institutions (hospitals, colleges and universities)

- Supportive nutrition environments in schools and child care facilities
  - Strong nutrition standards in wellness policies – competitive foods, fundraisers
  - Water access
• Physical activity access and outreach
  – Street and community design
  – Worksites

• Physical education and physical activity in schools and early care and education

• Breastfeeding friendly environments
  – Worksites
  – Birthing facilities
How to get involved

• Data collection
  – Assessing nutrition environments
    • Community, organization, or retail level
    – Surveys, focus groups
• Make the business case for policies, healthy environments
• Developing fact sheets, toolkits, web content

More information: choosehealth.utah.gov

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