Research Agenda
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Child and Adolescent Obesity Prevention
  • School Wellness Policy & Practices
  • Family Influences

Diabetes Prevention
  • National DPP
  • Community Based Intervention Programs
Policy Evaluation: School Wellness Policies
Do policies and practices make a difference in the school food and physical activity environment? Behavior? Health?
Program Implementation & Evaluation

• Teacher Knowledge of Wellness Policies & Nutrition Education
• Sugar Babies Diabetes Prevention Program for Middle School Students
• Diabetes Prevention Program for University Employees
  • University Clinics, Salt Lake County Facilities

Eat and Live Well for Teens
a healthy weight program